

## BE PROACTIVE

A blood clot in the leg or lung can be prevented.

Take **3** important steps

- 1 Visit [thrombosisuk.org](http://thrombosisuk.org) to learn about risk factors.
- 2 If you are at risk, talk to your doctor about prevention.
- 3 Share this information with your family and friends.

## DONATE

Text:

**THUK00**

To:

**70070**

Or visit:

[www.thrombosisuk.org/donate](http://www.thrombosisuk.org/donate)

# DVT

## DEEP VEIN THROMBOSIS

A blood clot can occur in anyone without any warning signs or symptoms



Signs of DVT may include:

- Pain
- Tenderness
- Swelling
- Warmth
- Redness

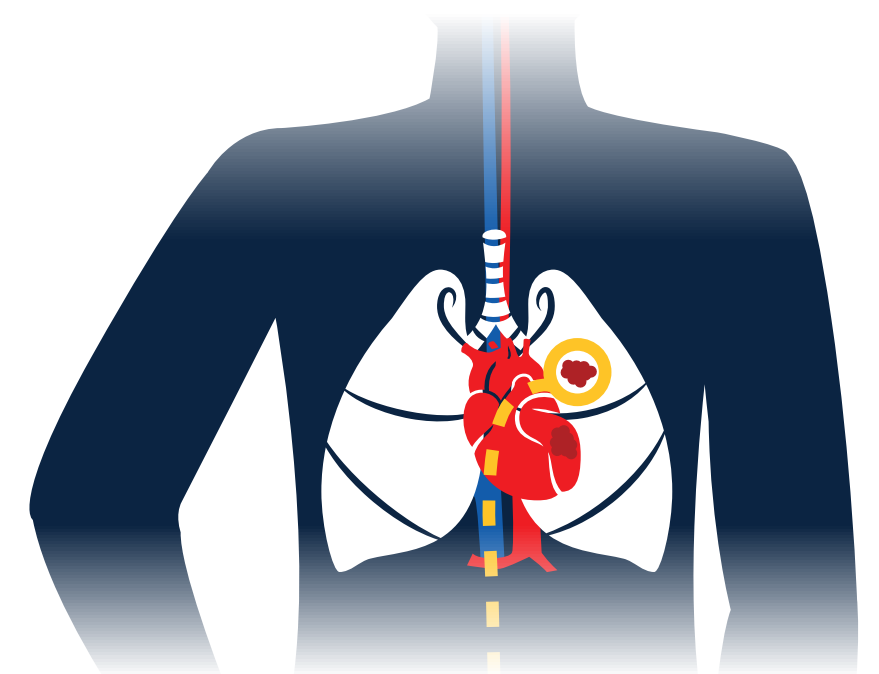
Find out more

[www.thrombosisuk.org](http://www.thrombosisuk.org)

# PE

## PULMONARY EMBOLISM

A blood clot can occur in anyone without any warning signs or symptoms



Signs of a PE may include:

- Unexplained shortness of breath
- Rapid breathing
- Chest pain
- Rapid heart rate
- Light headedness or passing out

Find out more

[www.thrombosisuk.org](http://www.thrombosisuk.org)