

**Admission to hospital  
increases your risk of  
blood clots  
(thrombosis / DVT / PE)**

If you are admitted  
to hospital

Ask:

- Am I at risk of blood clots?
- Has my risk of blood clots been assessed?

Help:

- Drink plenty of fluids
- Keep mobile
- Ask your healthcare professional how you can reduce your risks



**KNOW THROMBOSIS**

**It could save your life**

**Find out more at:**

**[www.thrombosisuk.org](http://www.thrombosisuk.org)**

