

Blood clots

(thrombosis/DVT/PE)

are more common in the first few weeks after giving birth

If you have recently given birth

Ask:

- Has my risk of blood clots been assessed?
- Do I need an anti-clot injection?

Help:

- Drink plenty of fluids
- Keep mobile
- Ask how you can reduce your risk



KNOW THROMBOSIS

It could save your life

Find out more at:

www.thrombosisuk.org

 **Thrombosis UK**
Awareness • Research • Care