

Admission to hospital increases your risk of **blood clots** (thrombosis / DVT / PE)

If you are admitted
to hospital

Ask:

- Am I at risk of blood clots?
- Has my risk of blood clots been assessed?

Help:

- Drink plenty of fluids
- Keep mobile
- Ask your healthcare professional how you can reduce your risks



KNOW THROMBOSIS

It could save your life

Find out more at:

www.thrombosisuk.org

 **Thrombosis UK**
Awareness • Research • Care