## Admission to hospital increases your risk of **blood clots** (thrombosis / DVT / PE)

## If you are admitted to hospital Ask:

- · Am I at risk of blood clots?
- Has my risk of blood clots been assessed?

## Help:

- Drink plenty of fluids
- Keep mobile
- Ask your healthcare professional' how you can reduce your risks



## **KNOW THROMBOSIS**

It could save your life

Find out more at:

www.thrombosisuk.org

