

Integrating for Improvement: Improving Transitions in Stroke Care

We are inviting you to take part in a **research project**.
Before you decide to take part, please **read this information**.

Who is doing the project?

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Professor Judith Sixsmith, Dr Jenna Breckenridge, Dr Nicola Gray and Dr Tricia Tooman are also involved, as well as researchers from Stirling University and the NHS.

Why is the project happening?

People with stroke have told us that going home after hospital rehabilitation can be difficult.

We want to talk to people who have had a stroke, their carers and family members and health professionals to find out why this is.

We want their ideas about how things can be better. We want their help to develop new ways to test how things can be better.

Why have I been invited?

You have been invited because your experiences and views are extremely valuable in helping us understand ways to improve.

Do I have to take part?

No. Your participation is completely voluntary. You are free to decline to take part without giving a reason and can withdraw at any time.

How do I take part?

There are two possible events. ✧ The first consultation (called a 'World Café') ✧ will bring together stroke survivors, their companions, survivor representatives and leaders as well as staff from social care, rehabilitation and health areas.

Participants will share their views in small group discussions.

The World Café will last approximately 5 hours. Lunch will be provided and rest and refreshment areas will be available at all times.

Helpers can assist with any difficulties. Transportation costs will be covered and taxis will be made available if you feel you need to return home at any point in the day.

A few stroke survivors and companions will be invited to participate in a second, all day consultation event called ✧ a 'Sandpit'. ✧

The Sandpit will have researchers and improvement specialists join some participants from the earlier World Café.

The all-day event will last approximately 7 hours. Again, lunch, rest and refreshment areas will be available and transportation if needed.

Are there any risks in taking part?

You may become tired at some point in the day.

What are the possible benefits in taking part?

There are no direct benefits, however, this is an opportunity to have your say about ways the shift from hospital to home could be done better.

What will happen with my data?

All personal information will be available only to the research team and will be stored on a password protected University of Dundee computer for seven years.

We are planning to publish this work in the form of reports, presentations and peer reviewed journals. No personal details about you will be mentioned in any of these materials.

Thank you for considering taking part in this project!

If you want to find out more, a member of the research team will contact you to discuss any questions you may have.

➤ If you agree, **please get in touch by phone or email** (Tricia Tooman on 01382 86539 or t.tooman@dundee.ac.uk). A written consent form will need to be signed at the beginning of the event.